



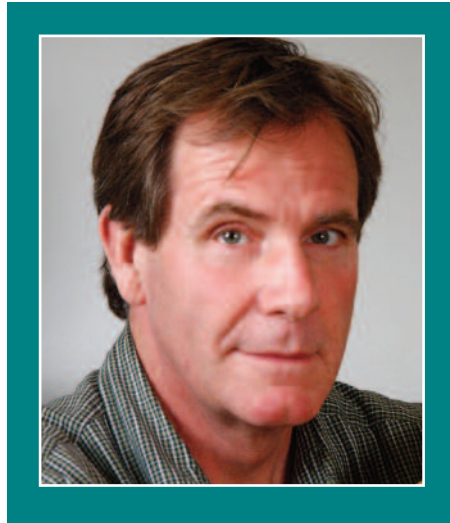
## Adelphi Society for Psychoanalysis and Psychotherapy

### President's Letter

It is with great pleasure at the opportunity and a growing sense of responsibility that I write this first message, as incoming President, to the membership of ASPP.

Still fresh in my mind is a presentation to the ASPP Board that Matt Tedeschi, our immediate Past President, made this last May in which he very movingly drew upon his early experiences with the Society to remind us of its importance in fostering and protecting a sense of his own psychoanalytic identity. As Freud and his followers knew, psychoanalysis represents a challenge to conventional authority structures within the personality and in the wider world, and this means that developing a psychoanalytic identity never comes easily. Psychoanalytic societies have traditionally grown up around training programs to provide institutional support for the maintenance and enhancement of the psychoanalytic identity of their membership.

Why would anyone want to become an analyst in the first place? Originally limited to the medical profession, a psychoanalytic identity carried with it the status and professional esteem accorded to medical doctors generally. Within the medical profession, the early analysts, following Freud's lead, were imbued with scientific fervor for the task of plumbing the mind's mysteries: the lure of secret knowledge and the love of truth. As physicians engaged in clinical treatment, the main source of nourishment for psychoanalytic understanding, analysts are confronted with the suffering of their patients, profound and mundane, and with the potential to function as healers of broken minds and a broken world. I suspect that these factors are still potent today.



**Mark Sammons, Ph.D.,  
President, Adelphi Society for  
Psychoanalysis and Psychotherapy**

Each of us can easily name analysts we met early on in our professional development whom we admire and respect and welcomed an opportunity to emulate. The enriched understanding of the human situation that psychoanalysis offers, and the enhanced capacity to be useful to others that analysts develop through working with patients are as beneficial now as ever.

Even so, there are special challenges to the morale of contemporary analysts. Earning a living has become a bit harder than it was a few decades ago. Psychoanalysis, as a mode of treatment, has become rare, and (as Woody Allen ages) is receding from the popular imagination. The perennial attacks on Freudian thinking continue, and in my experience, with the oft-held assumption that the case against Freud's ideas is now closed. It seems that only those within the field appreciate the continuing development of conceptual and technical sophistication reflected in contemporary psychoanalytic thought. Meaningful research on psychodynamic treatments is un-

derfunded and intrinsically difficult to carry out, which creates the false impression that psychoanalysis is not "empirically validated" or worse: that it is not effective. This is especially ironic given the increasing interest and validation of psychoanalytic concepts in recent years among serious students of the mind in the field of neuroscience. Lastly, the much-discussed rise of social media has been accompanied by a continuing erosion in ordinary social contacts generally: people are leading more insular lives. This is true of analysts as well, diminished contact with other analysts translates into diminished support for our identities as psychoanalysts.

It is not hard to locate analysts, or analysts-in-training who admit to some discouragement about the place of psychoanalysis in the society at large. However, I find that we remain confident and enthusiastic about the rich set of ideas psychoanalysis offers us in thinking about ourselves and our experiences with others. And in terms of clinical efficacy, it is hard to imagine bringing about the enduring personal transformations we see in our patients without the benefit of psychoanalytic techniques. The Adelphi Society continues to provide its membership with opportunities to enhance ongoing professional growth through conferences and colloquia that feature presentations by analysts who are at the forefront of the development of the field. This aspect of the Society is a vital function, which is shared by a number of other institutions.

What only ASPP can offer to its members is a special community unique to us. At the simplest level, by bestowing membership, ASPP provides its members with a basic identity as Adelphi-trained analysts. Vital communities accept the responsibility for fostering and transmitting the essential functions of society. The Society, through

the recollections of its past and present members, is an informal custodian of our history as analysts: it is where we have come from. By supporting educational and recreational exchanges, ASPP fosters opportunities to safeguard and enhance the professional and the personal well-being of its members. And through partnership with the Postgraduate Programs at Adelphi, as well as by extending membership in ASPP to Program candidates, ASPP is involved in preparing the next generation of Adelphi analysts.

It is my hope that I will be able to meet the opportunity that the next two years as ASPP President presents me to work with ASPP's Executive Board and general membership to ensure that ASPP continues to be a vital source of analytic identity for all of us who have benefitted from the Adelphi psychoanalytic training programs. ■

## Program Director's Column

**Mary Beth M. Cresci, Ph.D., ABPP**

**A**s I write to you I am watching the snow swirl outside my window and am anticipating a warm, festive holiday with family and friends. The holidays are a special time of year. I hope they've brought joy and peace to you and your loved ones.

The fall semester at Adelphi is currently in full swing. We have six candidates in the first year of the Psychoanalytic Program and four candidates in the second year. The six candidates in the first year include masters-level social workers and mental health counselors. The second year group includes two new Postdoctoral Psychology Fellows, a second-year Fellow, and an advanced psychoanalytic candidate who is completing his final year of course work. The faculty are very pleased with both groups of candidates. We look forward to a successful year.

## ASPP Newsletter

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**Editor** **Gail Grace, LCSW**

**Editorial Consultants** **Matt Tedeschi, Ph.D.**

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The ASPP Newsletter is an official publication of the Adelphi Society for Psychoanalysis and Psychotherapy whose membership is open to the candidates, graduates and faculty of the Postgraduate Programs in Psychoanalysis and Psychotherapy, Gordon F. Derner Institute of Advanced Psychological Studies, Adelphi University, Garden City, NY 11530. Copyright ©2015 by the Adelphi Society for Psychoanalysis and Psychotherapy, Inc. (ISSN 0897-5841). The Newsletter is published Fall, Winter, Spring and Summer. Please submit manuscripts in electronic form only to gailgrace8733@aol.com.

In addition to the Adult and Child, Adolescent and Family Programs, Michael Zentman is offering a semi-monthly seminar and group supervision in couple therapy, and Steve Hyman is offering a monthly seminar for school psychologists and school social workers.

In all, we have four Postdoctoral Psychology Fellows in our programs this year—three first-year Fellows and one second-year Fellow. The Fellowship Program attracts highly qualified candidates who have recently completed their doctorates and are using the teaching and clinical experience we offer to obtain the supervised experience needed to qualify for licensure as a psychologist in New York State. We advertise this program nationally and are pleased with the opportunity it provides to train these psychologists in psychoanalytic theory and technique.

This year we will be looking forward to a large graduation class.

We expect three candidates who took classes in the One-Year Program in Psychoanalytic Psychotherapy last year to complete their clinical requirements and graduate in January. We also expect two or three of our Postdoctoral Psychology Fellows to complete their graduation requirements. Most impressively, we have three or four candidates who are close to completing the requirements for the certificate in Psychoanalysis and Psychotherapy. We are very pleased with the accomplishments of all of these candidates.

A few years ago we began a new series on Wednesday evenings of case presentations by our candidates to the Adelphi community. This year we are changing the focus of those meetings to provide an opportunity to hear the presentations of some of the ASPP members who gave papers at the International Conference in Florence sponsored by ASPP and several other psychoanalytic societies. The conference in Florence was a wonderful combination of intellectual stimulation and social enjoyment in a beautiful, exciting set-

The Child, Adolescent and Family Psychotherapy Program was unable to begin a first-year class this year. However, they have a combined second/third year class of five candidates. That group includes a new Postdoctoral Psychology Fellow who has chosen to specialize in work with children and adolescents.



**Mary Beth Cresci, Ph.D., ABPP,  
Director, Postgraduate Programs in  
Psychoanalysis and Psychotherapy**

ting. Our hosts enabled us to enjoy the many delights of this marvelous city. The conference theme was Passion, and the presentations lived up to this name.

The overall title for our Wednesday night series is Florence, Italy Comes to Garden City, Long Island: PASSION. The presentations will take place at 7:30 PM in Alumni House on January 21, March 18, and May 13. I hope you will plan to join us for the presentations.

We continue to offer a Friday night colloquium series organized by Jack Herskovits with the support of ASPP. These meetings are in Alumni House and begin at 7:30 PM. The dates are January 23, March 20, and May 22. Presenters will be Irwin Hirsch, Sandra Beuchler, and Darlene Ehrenberg.

A new undertaking for the Postgraduate Psychoanalytic Programs this year will be applying to become a New York State-registered License-Qualifying Psychoanalyst Program. The Adult Program faculty and the Adelphi administration have endorsed our decision to apply to train licensed psychoanalysts at Adelphi. This will be a five-year program that incorporates our current four-year program and adds specialized courses to prepare non-mental health professionals to become licensed psychoanalysts. The candidates in this program will need to have a master's degree, but that degree need not be in a mental health profession that qualifies the person to be licensed for private practice. For instance, the candidate might have a masters in general psychology, education, guidance counseling

or in an unrelated field. When we establish this program we will be following in the footsteps of many highly-regarded psychoanalytic institutes including IPTAR, William Alanson White, NIP, and MIP. We hope this program will appeal to Long Island teachers, guidance counselors, and others who want to become licensed psychoanalysts.

Let me close by wishing the new ASPP President, Mark Sammons, a productive and successful term. I look forward to working closely with him and the other officers of ASPP. And a very happy holiday season to all of you. ■

## The Postgraduate Programs in Psychoanalysis and Psychotherapy Gordon F. Derner Institute of Advanced Psychological Studies Adelphi University Present

### Florence, Italy Comes to Garden City, Long Island:

# PASSION

Three Panel Presentations from the Seventh Joint International Conference  
Of Psychoanalytic Societies including  
The Adelphi Society for Psychoanalysis and Psychotherapy (ASPP)

In July 2014 ASPP and four other psychoanalytic societies sponsored a conference on Passion in Florence, Italy. We are presenting three of the panel presentations on Wednesday evenings in Alumni House (156 Cambridge Avenue) from 7:30 to 9 PM. Please mark your calendars and join us for the following presentations.

January 21, 2015  
**Bion and Passion**

**Ionas Sapountzis, Ph.D.,**  
“On States of Resignation and  
Retreat: Musings on Passion,  
Compassion and Being”

Dr. Sapountzis is an Associate Professor of the Derner Institute at Adelphi University and the director of its School Psychology program. He is a faculty member and a supervisor in the Psychoanalytic Psychotherapy and in the Child, Adolescent and Family Psychotherapy program of the Derner Institute at Adelphi University. His articles have been published

in the journals of Psychoanalytic Psychotherapy, Psychoanalytic Review and in the Journal of Infant, Child and Adolescent Psychotherapy (JICAP). He maintains a private practice in Garden City, New York.

**Matthew J. Tedeschi, Ph.D.,**  
“Passionate Links: Clinical Notes  
on Containing Trauma and  
Reawakening Hope from Despair”

Dr. Tedeschi is on the faculty of the Adelphi University Postgraduate Program in Psychoanalysis and Psychotherapy. He is a faculty member and supervisor in the Adelphi University Postgraduate Program in Child, Ado-



lescent and Family Psychotherapy, as well as the Postgraduate Program in Psychodynamic School Psychology. He is a staff psychologist at Western Suffolk BOCES. Dr. Tedeschi maintains a private practice in adult, child, and adolescent Psychoanalysis and Psychotherapy in Northport, Long Island.

**Richard M. Billow, Ph.D., ABPP,  
Discussant**

Dr. Billow is a Clinical Professor in Derner's Adult and Child Postgraduate Programs, and Director of the Group Program. His papers on passion have appeared in the *Psychoanalytic Quarterly*, *Contemporary Psychoanalysis*, and the *International Journal of Group Psychotherapy*. He is the author of over 50 journal articles, and *Relational Group Psychotherapy: From Basic Assumptions to Passion* (Kingsley, 2003); *Resistance, Rebellion and Refusal in Groups: The 3Rs* (Karnac, 2010), and the just-published, *Developing Nuclear Ideas: Relational Group Psychotherapy* (Karnac, 2014). His practice is in Great Neck, NY.

**March 18, 2015  
Passion and Attachment**

**Mary Beth Cresci, Ph.D., ABPP,  
"What's Love Got to Do with It?"  
Passion vs. Attachment**

Dr. Cresci is the Director of the Postgraduate Programs in Psychoanalysis and Psychotherapy of the Gordon F. Derner Institute of Advanced Psychological Studies at Adelphi University. She holds a diplomate in psychoanalysis and is the former President of APA Division 39 (Psychoanalysis) and the Division of Psychoanalysis of NYSPA. She has published papers on a number of clinical topics. Her practice is in Brooklyn Heights.

**Amira Simha-Alpern, Ph.D.  
and Alma Krupka-Klein, MD;  
"What Do I Really Want?"  
Passion and Attachment"**

Dr. Amira Simha-Alpern is a certified psychoanalyst and clinical supervisor; and had additional training in parent education and guidance. She is the founder, director and faculty member at The Potential Space for Continuing Education in Psychology and Psychotherapy, a supervisor at the Derner In-

stitute, a faculty member at the Suffolk Institute for Psychotherapy and Psychoanalysis, and a Clinical Assistant Professor of Psychiatry at Stony Brook University. She has published and presented papers in the areas of eating disorders, multicultural identity, trauma, relational psychoanalysis, and attachment. She is in private practice in Smithtown, NY.

Dr. Alma Krupka-Klein, a graduate of The Mount Sinai School of Medicine, is a Board certified Pediatrician who, for the past 26 years, has actively maintained a private practice in Pediatric and Adolescent Medicine in Queens, NY. Several years ago, in an effort to expand on the dynamic she had to offer her patients, she decided to pursue psychoanalytic training. She is currently a fourth year candidate at The Suffolk Institute for Psychotherapy and Psychoanalysis and has established a small psychotherapy practice at her Queens location.

**May 13, 2015  
Noir Aspects of Passion**

**Suzanne Cooperman, Ph.D.,  
"Mystery: Sexual Passion  
Masquerade"**

Suzanne Cooperman is a clinical neuropsychologist and analyst who has a private practice in Huntington. Her areas of specialization are geriatrics, pain management, and somatization issues. She also works for the FDNY offering trauma work to fire men. She is a supervising psychologist at the Derner Institute.



**Veronica Fiske, Ph.D.,  
"Body and Soul: Dreaming in the  
Transgendered Transference"**

Dr. Fiske is a psychoanalyst and psychotherapist who is a senior psychologist and supervisor at Queens Hospital and has a private practice in Chelsea, New York. Her areas of interest include Dissociative Identity Disorder, trauma, severe and persistent mental illness and transgender concerns. She has written about and made a number of professional presentations related to these topics. Dr. Fiske is a graduate of Adelphi University Postdoctoral Program in Psychoanalysis and Psychotherapy and is a founding member of the Noir Institute.

**Herbert Gingold, Ph.D.,  
"Good Girl vs. Femme Fatale:  
Igniting Passion and Surviving  
Annihilation"**

Dr. Gingold is a clinical psychologist and analyst who works in Kew Gardens, Queens. He is active in the New York State Psychological Association (NYSPA) Divisions of Psychoanalysis and Adult Development and Aging. He is the Chair of NYSPA's LGBTQ Task Force and has recently helped restart the Queens Psychological Association. He is a co-founder of the Noir Institute. He specializes in Aging, LGBTQ issues and works with devoutly religious individuals from most major denominations.

**Julie Lehane, Ph.D.,  
"The Murder of Passion"**

Dr. Lehane divides her time between public health planning and advocacy for persons living with HIV/AIDS and her private practice in Manhattan. Dr. Lehane is the former President of the Adelphi Society for Psychoanalysis and Psychotherapy (ASPP) and the Division of Psychoanalysis of NYSPA. She is currently an elected member of the NYSPA Council. In her analytic practice Dr. Lehane works with adults from all walks of life but especially those in art and design wishing to expand their creative capacity. She recently has been treating people with drug and alcohol problems and trauma experiences. She is a founding member of the Noir Institute. ■

# A One and Two Body Theory of Projective Identification

Carl Bagnini, LCSW, BCD

Projective identification follows a developmental line within a range of adaptive to maladaptive aspects. Each person carries a psychic structure that guides perception and behavior towards another; a psychoanalytic lens features an interpersonal-interpsychic vantage point from which to comprehend the projective process. Mental constructs or precepts predetermine what will transpire between self and other. Clinically one's core perspective on the projective process depends on what point of view we hold about the role of projection in shaping the patient's world. We will briefly examine the two perspectives and the part that projection plays in clinical understanding. We keep in mind that ideas about interpreting the transference depends on one's view of projection and projective identification.

From a one body perspective we do not need an external object for projective identification. In the subject there are internal images that embody object relations; perceptions, affects and mental images are identified with. From a one body perspective we live in a

solipsistic world as there is no objective certainty about an outside world. We might view the personality in a one body perspective as in a psychic retreat or as schizoid, but that is not the result we are looking for. We want to support the idea that the individual has a core that is enduring and not merely subject to outside tampering. In treatment the therapist regards the patient's internalized core with interest especially when considering transference potential.

In a two body perspective the process of PI is identical, but we include the reactions of the external other. Unwanted and longed for percepts seek out another who might take them in and identify with them behaving according to the unconscious matching or valence between the two unconscious minds and their actions. The object does not have to identify with the subject, and the projections of one may not result in a reciprocal accommodation.

For example, in a marriage one partner may project worthlessness and the other feels worthy. The projected unwanted part is not successful in promoting a collusion in the other, thus a blurring of boundaries does not occur. In another situation a couple may collude in a basic assumption of contempt, in which the partners trade the projective material in which one partner feels contemptuous and hateful, but the other holds the guilt for being unlovable. In this dance the projective identifi-

cations divide the couple into a doer and a done to, that can also become reversed. The unlovable partner may project a standard of sacrifice that the contemptuous partner identifies with thus both partners feel unlovable and contemptuous. Each partner carries an aspect of what is split off by the other. One partner may fire up the contempt while the other cools it down.

Complex projections dwell in intimate relationships and a careful study of hidden anxieties that lie beneath the crisis or fight of week will bring to light the underbelly of projective identifications and their protective aims. We keep in mind the therapist will participate in the field of PI and the triangular situation always brings out developmental problems through projective material. We learn that countertransference is the essential tool for learning about projective identification.

## References

Bagnini, C. (2013) *Keeping Couples in Treatment: Working From Surface to Depth*. Rowman and Littlefield, a division of Jason Aronson.

Zinner, J. (2008) *Psychodynamic Couples Therapy: An Object Relations Approach*. In Gabbard, G., (ed.) *Textbook of Psychotherapeutic Treatments*, American Psychiatric Publishing, Inc., Washington, D.C. pp. 581-601. ■

## The Adelphi Postgraduate Psychotherapy Center and the Adelphi Society for Psychoanalysis and Psychotherapy

### The Psychoanalyst's Inherent Subjectivity: The Impact of the Person on Psychoanalytic Process

WHEN: January 23, 2015 at 7:30PM WHERE: Adelphi University, Alumni House, 158 Cambridge Avenue, Garden City

The recognition of analysts' irreducible subjectivity begins with the Interpersonal tradition, though currently woven into the very fabric of much of contemporary American psychoanalytic thinking. The evolution of this two-person, intersubjective model will be traced historically and illustrated clinically. This subject matter reflects the main theme of Irwin Hirsch's recently published book: *The Interpersonal Tradition: The Origins of Psychoanalytic*

*Subjectivity*, (2015) and as well, his first and Goethe Award winning book: *Coasting in the Countertransference: Conflicts of Self-Interest between Analyst and Patient*, (2008).

Irwin Hirsch, Ph.D. is a faculty and supervisor, Adelphi University, Postgraduate Programs in Psychoanalysis and Psychotherapy, distinguished visiting faculty, William Alanson White Institute, faculty, supervisor, and former director,

Manhattan Institute for Psychoanalysis, Adjunct clinical professor and supervisor, Postdoctoral Program in Psychotherapy and Psychoanalysis, NYU, Editorial Board, Contemporary Psychoanalysis, Psychoanalytic Dialogues, and Psychoanalytic Perspectives. He is also the author of over 75 articles, chapters and reviews on psychoanalysis and the author of the above mentioned books.



## At the Year-End Party



Martin Seitz; Steve Hyman, Ph.d.; Estelle Rappaport, Ph.d.; Steve Midden Ph.d.; Ionas Sapountzis, Ph.d.; Elaine Seitz, Ph.d.; Miriam Netzer, Ph.D.; Mark Sossin, Ph.d.; Matt Tedeschi, Ph.d.



Richard Billow, Ph.d; Heather Perrin-Boyle, Psy.d.; Melinda Blitzer, Ph.d.; Mary Beth Cresci, Ph.d.; Matt Tedesci, Ph.d.; Megan O'Rourke-Schutta, LMSW; Margo Goodman, LMSW; Jack Herskovits, Ph.d.



Mariella Echegaray-Ryan, Elaine Seitz, Janice Hinath and Athena Spellios



Elaine Seitz, Ph.d.



Regina Legere and Jack Herskovits, Psy.d.

## ASPP Book Club

The ASPP Book Club met at the lovely home of Jackie Hott. Sincere thanks for Jackie's gracious hospitality. The discussion regarding **ALL THE LIGHT WE CANNOT SEE** was illuminating, at one point using the title as a focal point for envisioning the author's intent. At the end of our discussion, we felt that as a group we've delved into issues pertaining to WWII with sufficient depth for the time being.

As such, we've picked a selection that is far more current in its timeline: **BIG LITTLE LIES** by Liane Moriarty.

Amazon.com review: An Amazon Best Book of the Month, July 2014: What is it about Liane Moriarty's books that makes them so irresistible? They're just classic "domestic" novels about marriage, motherhood, and modern upper-middle-class family life, after all. And despite the fact that **BIG LITTLE LIES** is Moriarty's sixth adult novel (and it comes decades after the grandmother of this kind of thing, *BRIDGET JONES' DIARY*), it is remarkably new and fresh and winning. Set in an Australian suburb, **BIG LITTLE LIES** focuses on three women, all of whom have children at the same preschool. One is a great beauty married to a fabulously rich businessman; they have a "perfect" set of twins. One is the can-do mom who can put together a mean pre-school art project but can't prevent her teenage daughter from preferring her divorced dad. The third is a withdrawn, single mother who doesn't quite fit in. Right from the start—thanks to a modern "Greek chorus" that narrates the action—we know that someone is going to end up dead. The questions are who and how. Miraculously, Moriarty keeps this high concept plot aloft, largely because she infuses it with such wit and heart. She also knows not to overplay the message she's sending: that we all tell lies—to each other and, more importantly, to ourselves. —*Sara Nelson*

**We will be meeting on Sunday, April 19th, 5:00 to 7:00 PM at Jackie Hott's home.** ■

## From the Editor

The ASPP Newsletter welcomes members' contributions. Send news and notes via E-mail to Gail Grace, at [gailgrace8733@aol.com](mailto:gailgrace8733@aol.com).

## Meet the Candidate

### Paula Olivia, LCSW-R

For the past nine years Paula Olivia has been in private practice in Queens, primarily working with adolescents and adults. The past three years she has been doing work with couples—and enjoying the challenge.

Prior to private practice she coached acting for adolescents auditioning for specialized high school drama departments. She is a graduate of Performing Arts in Manhattan—and has found her knowledge of drama and communicative skills enormously helpful in her current work. She continues to challenge herself further, and has enrolled in the first year of the Post Grad Psychoanalytic Program. ■

## More to come!

More candidate bios will follow in future newsletters. Candidates from all programs should submit a short bio and a photo (optional) to [gailgrace8733@aol.com](mailto:gailgrace8733@aol.com)

## Save the Dates

### March 20

Sandra Buechler Phd is presenting on the subject of aging.

### May 22

Darlene Ehrenberg Phd will be presenting on the subject of destructive desire.



Tiernan Schutta, shown here with his sister Madeline, recently celebrated his first birthday.